

USING EASY BIB ADD-ON IN GOOGLE DOCS

SO - YOU NEED TO DO SOME RESEARCH.

**YOUR TEACHER IS GOING ON AND ON ABOUT HOW YOU NEED TO "CITE YOUR SOURCES"
(YEP, YOU DO...) AND YOU WISH YOU COULD JUST DO IT AS YOU GO.**

YOU CAN! (WHAT? REALLY?)

FOOTNOTES:

- 1. OPEN A NEW GOOGLE DOC**
- 2. RENAME IT (SOMETHING REAL, PLEASE, SO YOU CAN FIND IT AGAIN)**
- 3. WHEN YOU ARE IN YOUR DOC, GO TO TOOLS, THEN RESEARCH. FROM HERE YOU CAN RESEARCH WITHIN YOUR DOCUMENT, AND CITE AS YOU GO. FOOTNOTES WILL BE ADDED (NUMBERED WITHIN THE TEXT, THEN ADDED TO THE FOOT OF YOUR DOCUMENT**

BIBLIOGRAPHY OR CITATION LIST - ATTACHED TO END OF PAPER:

IF YOU DON'T WANT FOOTNOTES, AND WANT TO GENERATE A BIBLIOGRAPHY AS YOU WRITE...

- 1. OPEN YOUR DOCUMENT**
- 2. GO TO ADD-ONS**
- 3. CHOOSE EASY-BIB BIBLIOGRAPHY GENERATOR**
- 4. CHOOSE MANAGE BIBLIOGRAPHY**

A NEW WINDOW WILL OPEN TO THE RIGHT OF YOUR DOCUMENT:

Cite a Source

EasyBib

Book Journal Article Website

Website URL Search

Search for a source to begin building your bibliography!

CHOOSE BOOK, JOURNAL ARTICLE, OR WEBSITE

6. IF YOU KNOW THE TITLE OF THE BOOK, THEN TYPE IT IN, AND CLICK SEARCH

OR

IF YOU HAVE A TAB OPEN WITH THE WEBSITE THAT YOU WANT TO CITE, THEN COPY THE URL, AND PASTE IT INTO THE WEBSITE URL FIELD.

EasyBib
by ImaginEasy

Book Journal Article Website

Sleeping for good health Search

[Back to bibliography](#)

Your Search Results

Sleeping for good health
Shirley Gray - Child's World - 2004 Select

Powered by WorldCat

IF THIS IS THE RIGHT ONE THEN CHOOSE SELECT

Cite a Source X

EasyBib
by ImaginEasy

Book Journal Article Website

Title, ISBN, or keywords. Search

MLA APA Chicago

ADD BIBLIOGRAPHY TO DOC

Gray, Shirley W. *Sleeping for Good Health*. Chanhassen, MN.: Child's World, 2004. Print. X

CHOOSE THE FORMAT (MLA, APA) THEN ADD BIBLIOGRAPHY TO

DOC

7. EASY BIB WILL START ADDING YOUR CITATIONS TO THE END OF YOUR DOCUMENT.

The Effects of Mid-Afternoon Naps on Overall Health

We live in a fast-paced society. The number of people who complain of sleep-related disorders are skyrocketing! Sleep apnea and snoring are affecting many people's well-being and are being linked to a number of health impairments. More and more people are realizing that it's important that we slow our pace down - not only to enjoy life, but to take control of our overall health. That's where naps come in.

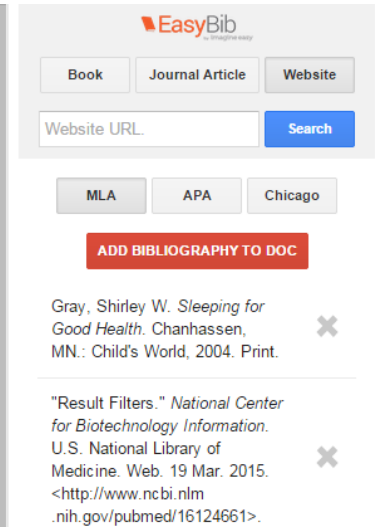
A growing body of research is showing that taking an afternoon nap can significantly increase overall health and sense of well-being. A nap that includes at least three minutes of Stage 2 sleep can be greatly recuperative.

Works Cited

Gray, Shirley W. *Sleeping for Good Health*. Chanhassen, MN.: Child's World, 2004. Print.

"Result Filters." *National Center for Biotechnology Information*. U.S. National Library of Medicine. Web. 19 Mar.

2015. <<http://www.ncbi.nlm.nih.gov/pubmed/16124661>>.



The screenshot shows the EasyBib website interface. At the top, there are three buttons: "Book", "Journal Article", and "Website". Below these is a search bar labeled "Website URL" with a "Search" button. Underneath the search bar are three buttons for citation styles: "MLA", "APA", and "Chicago". A prominent red button says "ADD BIBLIOGRAPHY TO DOC". Below this, there is a list of citations with "X" icons to the right of each entry, indicating they can be removed. The first citation is: "Gray, Shirley W. *Sleeping for Good Health*. Chanhassen, MN.: Child's World, 2004. Print." The second citation is: "Result Filters." *National Center for Biotechnology Information*. U.S. National Library of Medicine. Web. 19 Mar. 2015. <<http://www.ncbi.nlm.nih.gov/pubmed/16124661>>.

8. IF YOU HAVE CITATIONS THAT YOU DON'T NEED, YOU CAN REMOVE THEM BY CLICKING THE "X" IN EASY BIB, OR JUST DELETING FROM YOUR DOCUMENT.

REMEMBER...

ALWAYS ALWAYS ALWAYS CITE YOUR SOURCES!